



# Your Good Enough Measurement

1. In what area of your life do you feel that you are never winning the game of life?
2. What area of your journey do you struggle with most: mental - emotional - physical - nutritional - financial or spiritual?
3. What is the repeated story you tell yourself as to why you can achieve excellence in this/ these area(s)?
4. When you attempt something new or seemingly difficult, what consistent story creates the narrative for why you cant get it done?

Thanks for taking the time to do the work you need to raise your game!  
*Be relentless in your pursuit of personal greatness!!*  
*Your greatness coach: Alvin*