



The 10x Rule

NAME:

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This worksheet is a supplement training guide to “The 10x Rule” video published on April 25, 2016.

The 10X Rule is based on understanding how much effort and thought are required to get anything done successfully. It can work in every area of life— spiritual, physical, mental, emotional, familial, and financial. The secret to extraordinary success is to put in 10 times the relevant effort than most people, and to condition your mind for the success.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

<i>What part of your life are you underperforming?</i>	<i>Can you 10x it?</i>

Book author Grant Cardone refers to The 10x Rule as the book for people who want to succeed. The book preaches the essentials of success - the courage to try, the elimination of procrastination, the ability to set goals, and the need to work to achieve. The 10x Rule also discusses the need to adjust your way of thinking. It encourages readers to dream big and then work hard to complete goals.

So, dream big, but take bigger action. Tackle your dreams with the 10X Rule. Take appropriate and consistent action.

What actions are you going to take to achieve your goals?

Our JTPG and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

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Author and Speaker - Journey to Personal Greatness: mind, body and soul.

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