



## 6 Questions to ask yourself in order to get to your personal greatness Part 2: Who are you becoming?

NAME:

DATE:

This worksheet is a supplement training guide to “6 Questions to ask yourself in order to get to your personal greatness Part 2: Who are you becoming?” video published on May 30, 2016.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

Believe it or not, the type of questions you ask determine the kind of life you achieve. That’s because your questions trigger its own set of answers, which lead to certain emotions, which then lead to certain actions, followed by results. If you ask yourself limiting questions, you’ll perform limited actions, and get limited results. If you ask yourself mind-opening, forwarding questions, you’ll gain a lot more out of them.

This worksheet is about the 2nd question to ask yourself in order to get to your personal greatness. We discussed the first one last week which is *What ONE ACTION can you take to keep moving forward?*. Today the question is, who are you becoming?

We use our words as our primary means of communicating a message — we use them to win express ideas and communicate with people. Sometimes the subtle difference in our language, which can make a major difference in our success.

*Am I saying the right thing?*


Did you know that your association can directly and indirectly shape your beliefs, habits, your views on the world and even what you eat – in a positive or negative way? It is important to choose who are you hanging out with.

*Who am I hanging with?*



*Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.*

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