



SHORT AND SWEET: PERFECTION IS OVERRATED

NAME:

DATE:

This worksheet is a supplement training guide to “SHORT AND SWEET: PERFECTION” [video](#) published on January 24, 2016; reposted on May 9, 2016.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

Achieving personal greatness is to wake up to the realization that we were all meant for greatness and that greatness is more of a journey to finding your authenticity, and not so much a destination or a place to get to and then stop. Personal Greatness is all about you, your [values](#), your job, your goals, your dreams, etc. It's your signature to the world.

What is your Personal Greatness?

As humans, the need to strive for perfection is ingrained in us. You can see it in the way we look up to successful people. However, aiming for perfection before taking action is a waste of time. Why? To start, perfection is overrated. You don't have to get it right, you just have to get it going!! Secondly, everyone have a different definition of perfection, making it impossible to actually be perceived as perfect by everyone.

Never mind critics. Never man naysayers. Get moving. Success leaves clues. Life is not a passive activity - you must be proactive and relentless in your pursuit of the peace and happiness you desire. Our potential is unlimited and we can never tap into the endless reservoir of talent that lies deep within us. The problem is that many of us are in need of a map or a blueprint in order to get to our destination. Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

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Author and Speaker - Journey to Personal Greatness: mind, body and soul.

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