



6 Questions to ask yourself in order to get to your personal greatness Part 4: Celebrate Your Victories

NAME:

DATE:

This worksheet is a supplement training guide to “6 Questions to ask yourself in order to get to your personal greatness Part 4: Celebrate Your Victories” video published on June 13, 2016.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

This worksheet is about the 4th question to ask yourself in order to get to your personal greatness. We discussed the first three questions previously which are “what has to happen to make this your best year yet?”, “ who are you becoming?” and “what is your highest vision for your future self?”. Today we'll discuss the 4th one which is “What are some of your victories in your life so far?:”

In our life, there are bound to be obstacles, challenges, and setbacks. Sometimes being so focused on what needs to be done or what's not going well can blind us to the many opportunities there are to celebrate small victories. Celebrating your victories is not optional - it is just as important as evaluation of your efforts.

Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

Alvin Brown

CEO and Founder (THCPP)

Integrated Peak Performance and Greatness Coach

Author and Speaker - Journey to Personal Greatness: mind, body and soul.

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Homework: In the next page, you'll see 4 questions that you can ask yourself to get to your personal greatness.

Question #1: What has to happen to make this your best year yet?

Question #2: What has to happen to make this your best year yet?

Question #3: What is your highest vision for your future self?

Question #4: *What are some of your victories in your life so far?*

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