



How can you be relentless in your pursuit of personal greatness?

NAME:

DATE:

This worksheet is a supplement training guide to “How can you be relentless in your pursuit of personal greatness” video published on July 11, 2016.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

“We will be relentless in our pursuit for perfection.
We won’t ever be perfect – but in the process we will achieve greatness.”
-Vince Lombardi

We will always hear the term “Follow your dreams!” But to be honest, not everyone does it. Life interjects, bills pile up, and sometimes we have to do jobs we don’t want to do just to make it through the day. However, there is a way to break the trend, to pursuit your greatness, to reach your goals, and to live the life you’ve always wanted. What standards and expectations have you set for yourself? Are you relentlessly pursuing, at least excellence, if not perfection? How can you be relentless in your pursuit of personal greatness? Check out our Mindset Monday video here: https://youtu.be/Sf_8pfrEJyg

Knowing your brand and legacy helps you stay focused in the present. It offers a concrete sense of purpose in choosing what you are giving your energy to.

What is your brand/legacy?

Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

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Integrated Peak Performance and Greatness Coach

Author and Speaker - Journey to Personal Greatness: mind, body and soul.

www.tchpp.com and www.journeytopersonalgreatness.com