



## Next Level Thinking

NAME:

DATE:

This worksheet is a supplement training guide to “Next Level Thinking” video published on August 15,, 2016.

Check out the link for our free resource: <http://journeytopersonalgreatness.com/greatness-training-guide/>

*“For Things To Change, You Got To Change.  
For things to Get Better, You Have To Be Better”  
-Jim Rohn*

Acting on our power of choice, identifying your goals, roadblocks, and resources, and embracing change provides us with more opportunity to change our lives for the better. The more opportunities we create to change our lives, the happier and more fulfilled our lives become. Here are some tips that you can apply to achieve your next level success.

*Where are you now?*

*Where do you want to be? What is your next step?*

*What's stopping you? Define any roadblocks (ex: lack of resources, incomplete plan, etc.)*

*What are your resources you need to achieve your goals? (for example: new team member, more product sales, etc.) List below.*

Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

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