



Go all In

NAME:

DATE:

Have you ever heard a successful person talking about how achieving success went really easy and smooth without any effort and obstacle to overcome? Chances are you don't, because there are none. If you want to succeed at something whether it is about your career, relationship, business, or relationship, you should put a lot more effort, time, and energy into it.

What could you go all-in right now?

Like Muhammad Ali mentioned, "I am the greatest. I said that even before I knew I was." Sometimes it takes 100% dedication and effort, and believing in yourself even before others do! To be the greatest you must believe you have the potential to be before you are.

What could you be throwing more of yourself at than you already are?

Go beyond good enough. Follow the 10X Rule. It is based on understanding how much effort and thought are required to get anything done successfully. It can work in every area of life— spiritual, physical, mental, emotional, familial, and financial. The secret to extraordinary success is to put in 10 times the relevant effort than most people, and to condition your mind for the success.

Are you willing to go beyond good enough?

Our Journey to Personal Greatness and peak performance programs begin soon. Sign up to our website and subscribe to our Youtube channel so you can be the first to be informed when we begin the journey to optimal health, peak performance and your personal greatness.

Alvin Brown

CEO and Founder (THCPP) -Integrated Peak Performance and Greatness Coach
Author and Speaker - Journey to Personal Greatness: mind, body and soul.
www.tchpp.com and www.journeytopersonalgreatness.com