



Avoid the Comfort Zone

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If you want to be successful in every areas of your life, you must learn to leave your comfort zone and embrace changes and life's challenges. Sometimes what keeps us from getting what we want in life is our reluctance to change our routines and habits. We as humans are wired to seek comfort or the path of least resistance — and as a consequence, our everyday lives become boring and routine. In today's video, allow me to share why you should totally avoid the comfort zone.

What can you do to get out of your comfort zone?

Sometimes we just need to throw our hats over the wall and take a big risk for big rewards. For example, many people dream to leave their corporate jobs to pursue a hobby or talent that has been a passion and just need to figure out how to make it happen. Move out of your comfort zone, and start pursuing on what brings you joy, and we call that your personal greatness.